



**FORT
PITT**
GRAMMAR
SCHOOL



Year 6 – Year 7
Transition Booklet

Name:

.....

Welcome

Dear new student,

Congratulations on securing a place at Fort Pitt and welcome to our school community. You should be very proud of all your hard work so far.

Fort Pitt is a very special place to learn and I hope you are excited to start in September. In this booklet you will find some important information about the school, tips to help you settle in and some activities to do to help you prepare for September.

None of the activities are compulsory but they will help you to start planning for Year 7 and give you the best start to your Fort Pitt experience as possible.

I hope to see you at our Taster Day in July, when you will be able to explore the school and meet some of your teachers and classmates before September.

Best wishes,

L. Jennings

Mr Jennings

Head of Year 7

ljennings@fortpitt.medway.sch.uk




Mr Jennings will be your Head of Year and Miss Campbell will be your Pastoral Manager.

Together with your form tutors, they will be able to help you with any questions, concerns or doubts you may have at the start of the year.

Your New School

Use this page to write down some important information about your new school. You will be able to find some of it on the school website and you'll find out more at the transition day in July.



My new school is called:

.....

.....

The Headteacher's name is:

.....

The school phone number is:

.....


The school's address is:

.....

.....

.....

.....



My Head of Year is called:

.....

My Form Tutor is called:

.....

My House is:

.....



The front entrance to school

School Values

Fort Pitt has a set of values that every student should embody. Look at the five values and write examples of how you can demonstrate them in school, at home or in your community.



Successful

Aspirational

Respectful

Collaborative

Resilient

Uniform

Here are our uniform guidelines. Make sure you read them carefully – you don't want to get in trouble for something so simple!

Jewellery is not allowed, apart from a watch and one small stud (no larger than 0.5cm) in the lobe of each ear. Facial and body piercings are not acceptable and should be removed whenever a student is wearing school uniform.



The Halo Code

For Schools

Our school champions the right of staff and students to embrace all Afro-hairstyles. We acknowledge that Afro-textured hair is an important part of our Black staff and students' racial, ethnic, cultural, and religious identities, and requires specific styling for hair health and maintenance.

We welcome Afro-textured hair worn in all styles including, but not limited to, afros, locs, twists, braids, cornrows, fades, hair straightened through the application of heat or chemicals, weaves, wigs, headscarves, and wraps.

At this school, we recognise and celebrate our staff and students' identities. We are a community built on an ethos of equality and respect where hair texture and style have no bearing on anyone's ability to succeed.

Hair is one natural colour and of a conventional style

School blazer with school badge and House stripe

Navy blue 'V' necked sweater with school logo or optional sleeveless 'V' necked sweater

Navy blue trousers, tailored fit

Plain black shoes

Pink checked official blouse, short or long sleeved.

Jewellery, if worn, consists of a watch and one small stud in the lobe of each ear.

Navy stitched down pleated skirt, purchased from official suppliers, no longer than 6cm below knee or shorter than 6cm above the knee





Plain white, navy or black socks. Navy, black or flesh coloured tights

Dark coloured plain coat with no additional colours or logos

My Daily Plan

Making a daily plan helps to ensure we include key things in our day which we recognise as helpful in keeping us emotionally well. Getting a shower in the morning and then eating a bowl of cereal might be something you do every day before styling your hair and leaving for school.

Complete the plan below including times that have been left blank.
Remember to include time to talk to friends and supporters at school, time to eat and time to complete homework and do things you enjoy after school.

<p>_____ am time to get up</p> 				<p>_____ am leave the house</p> 
<p>_____ am arrive at school</p> 				<p>_____ pm finish school</p>
<p>_____ pm arrive home from school</p>				<p>_____ pm bedtime</p> 

Meeting New people

One of the best things about starting a new school is that you get to meet lots of new people. At Fort Pitt, you'll be able to make life-long friendships but meeting people for the first time can be both exciting and scary. It's normal to be nervous but here are some things you can do to help:

Get involved

Spend time with others at lunch and break times. Joining a club is a great way to meet new people.

Be a good supporter

Help people where you can. Just offering a smile or saying 'Hi' could help someone to feel better.

Get to know your friends' friends.

You can meet up in the canteen, on the walk home or you could ask your friend to introduce you to them.

Take the first step

Say 'Hi' or ask how someone's day has been. Giving someone a compliment on their hair, shoes or bag can be a good way to start a conversation.

Give everyone a chance

Difference is what makes us interesting, you could learn something new or try a new activity that a new friend enjoys.

Be yourself!

Spend time with people who accept you for who you are.

Making positive friendships

Real friends encourage you to be the best that you can be. Think about the qualities you would look for in a good friend and what might warn you that a friendship was unhelpful. Write them in the boxes below.

Helpful friendship

Examples:

- Respects my opinions
- Listens to me

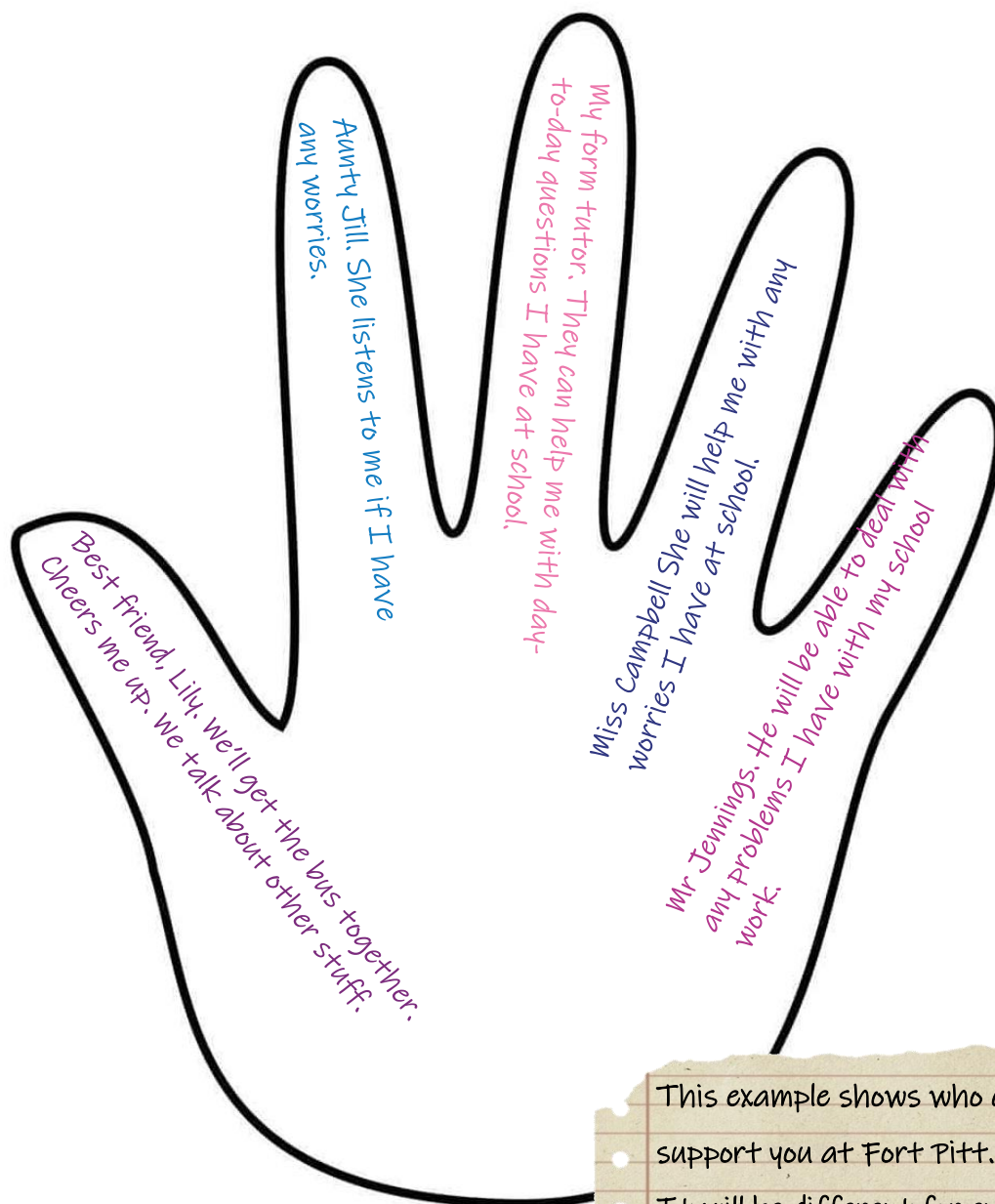
Unhelpful friendship

Examples:

- Tells lies about me
- Makes fun of me

Help Is At Hand

There is a whole team around you at your new school who will be able to help you if you need it. You will also be able to rely on your friends and family to support you find your feet when you start school.

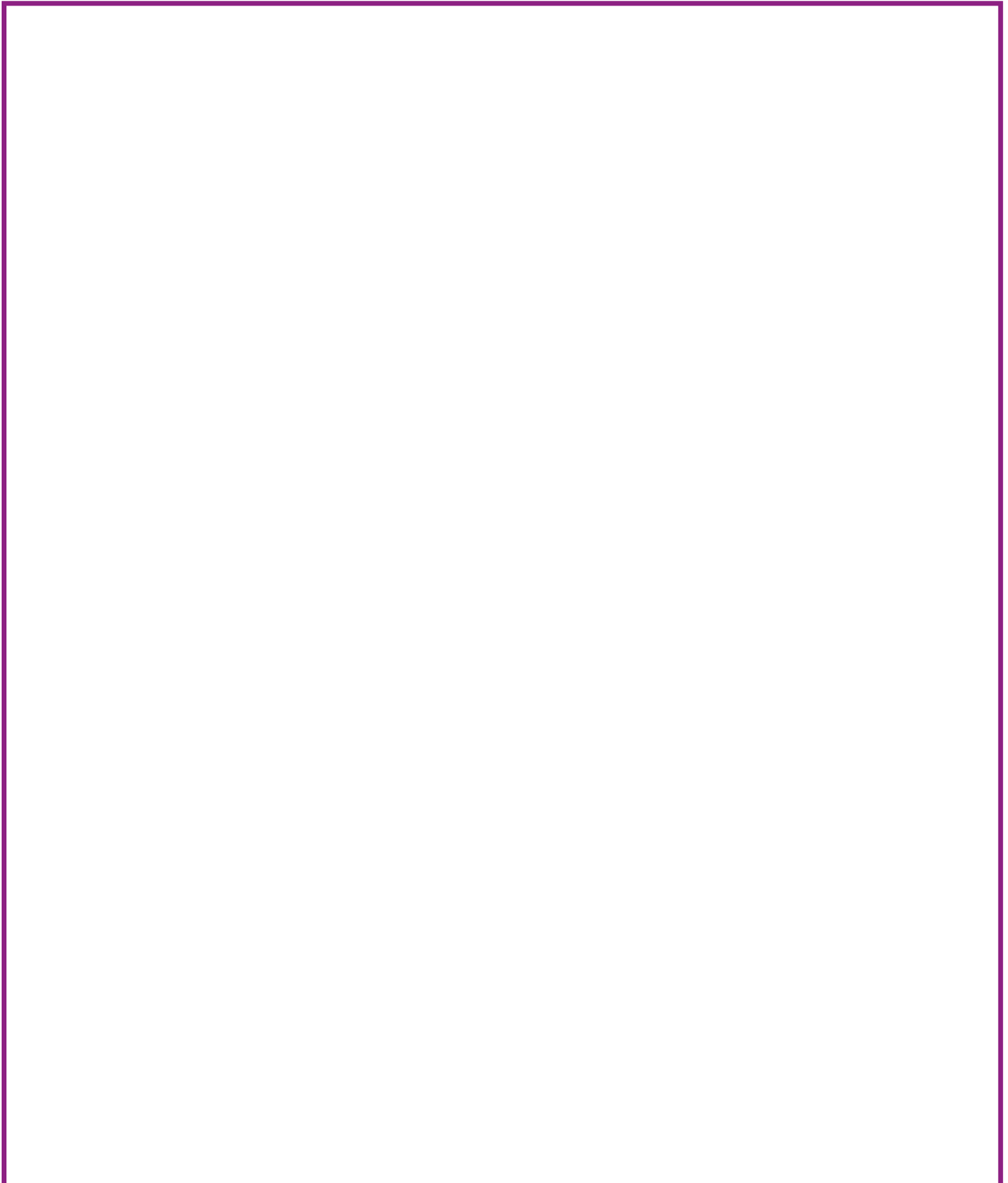


This example shows who can support you at Fort Pitt.

- It will be different for everyone.
- Think about who can support you
- In different areas and make your own hand of support.

My Own Supporters

Draw around your own hand in the space below and write how they can support you.



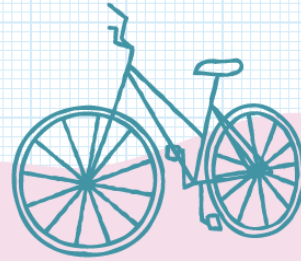
Wellness Tools

Wellness tools are things that we do to help us feel happy when we don't feel ourselves. Most wellness tools are simple, safe and free and over the next few years you'll come to develop your own strategies. The charity Barnardo's has some easy ways to increase your wellness.

Here are some examples:



Listen to music – music has the power to influence our mood. Consider the types of music that help you feel good.



Keep active – exercise can help you sleep better, have more energy and keep your heart healthy. Even if you just go for a walk.



Get outdoors – connecting with nature can lift your mood. Walk to school if possible and try to listen to the birds, notice the change in the trees or the different flowers.



Connect with others – spend time with new friends, old friends and family.



Watch something funny – laughing can make you feel better and lift your mood.



Talk about any troubling thoughts or feelings you might have with someone you trust. You could write in a journal or even talk to a pet.

Me On My Best Day


It's important to know what you are like on a good day, when you are feeling your best. Knowing this helps you and others to recognise when you are not feeling your best and might need some extra support.

Think about what you look like on a good day. What would your friends, family and teachers notice about you?



Hopes and Worries

Consider any questions or concerns you might have about starting at Fort Pitt and think about the think you're looking forward to.



*What am I
looking forward to?*

-
-
-
-




*What is my biggest worry about starting
at Fort Pitt?*

What can I do that might help?

Who can support me?



What other concerns do I have?



*What hopes do I have for
my time at Fort Pitt?*

Become A Literary Time Traveller!

Dear Student,

Over the summer break we would like you to undertake an English task, the result of which you will bring to show your English teacher in your first week in September.

The first unit we will begin with is a challenging and exciting insight into Storytelling Across Time, so the task links in with this work and will enable you to hit the ground running!

We would like you to research story telling through time by looking at these time periods:

1. Late Tudor/Early Jacobean (mid- to late 16th - early 17th Century)
2. Georgian/Regency (late 18th and early 19th Century)
3. Victorian (mid-late 19th Century)
4. Writers/stories you've enjoyed recently!

For each time period we simply want to know:

What are the most famous stories (myths/tales/novels/poems/plays) and (if known) storytellers/writers from these periods?

How should you share your research with us?

This is the good bit – it's up to you! Choose any of the three options to share your research with us:

- Present it as a timeline with pictures and drawings to show your findings – you can draw this or do it on a computer.
- In a Word Document style factsheet, with your research presented under the headings provided above.
- A 'literary time traveller' story in which you travel to these moments in time and include your research within it.

The best responses will be put on display!

Good luck,

The English Department

Like to read for pleasure? Here are our summer suggestions!

Twelve Minutes to Midnight Christopher Edge

The Owl Service Alan Garner

Wonder R J Palacio

Anne of Green Gables L M Montgomery

Pig Heart Boy Malorie Blackman

The Village by the Sea Anita Desai

The Girl who Stole an Elephant Nizrana Farook

Become a Maths Magician!

This is a very old puzzle. It tells of a showman travelling the countryside on tour with a wolf, a goat, and a cabbage. He comes to a riverbank and the only means of getting across is a small boat which can hold him with only one of the wolf, the goat or the cabbage.

Unfortunately, he dare not leave the wolf alone with the goat or the goat alone with the cabbage for the wolf would eat the goat and the goat would eat the cabbage. After some thought the showman realised that he could use the boat to transport himself and all his belongings safely across the river.

How did he do it?

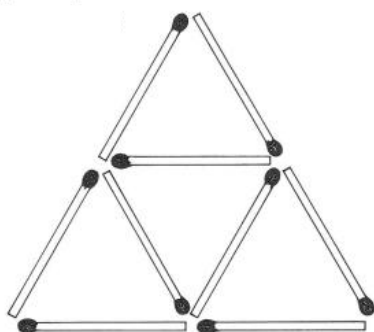


Wendell Van Dyke

You could use pencils instead of matchsticks to lay out the designs for these.

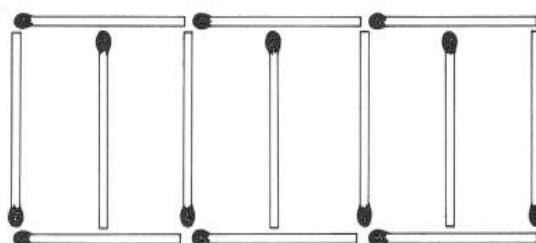
Arrange nine matches to form four small equilateral triangles as shown. Now find a way of arranging only six of the matches to form four triangles of triangles of the same shape and size.

Matchstick triangles



This drawing shows how a farmer used thirteen hurdles to make six identical sheep pens.

Unfortunately, one of the hurdles was damaged. Use twelve matchsticks to represent the undamaged hurdles and show how the farmer can still make six identical pens.





A **Beyond** ACADEMY
SCHOOLS TRUST

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