



FORT PITT
GRAMMAR SCHOOL

GCSE REVISION EVENING

Psychology

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A **Beyond** ACADEMY
SCHOOLS TRUST

GCSE Psychology



- Exam content information
- Revision resources
- Subject specific revision and exam technique
- Top tips for parents
- Top tips for students



2024 Exam Dates



Paper 1 – 8th May (AM)

Paper 2 – 15th May (PM)



Paper Information



Paper 1

Cognition and behaviour

Memory, Perception, Development & Research Methods (1hr. 45 minutes)

Paper 2

Social context and behaviour

Social Influence, Brain & Neuropsychology, Psychological problems & Language, thought & communication (1hr. 45 minutes)



Exam board



AQA GCSE Psychology (8182)



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GCSE Psychology

Teaching from: September 2017

Exams from: June 2019

Specification code: 8182

QAN code: 603/0932/5

Our new GCSE Psychology specification offers an engaging and comprehensive introduction to psychology. With a clear and straightforward layout, as well as refreshed and contemporary content, we've made it clear what students need to study within each topic so you know exactly what you'll need to teach. We've also kept the flexibility that you told us you liked about our current specification, giving students a choice and allowing you to teach your areas of expertise and interests and re-use your existing resources.



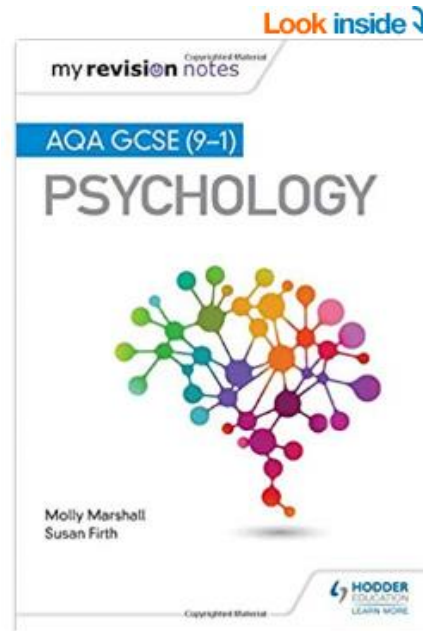
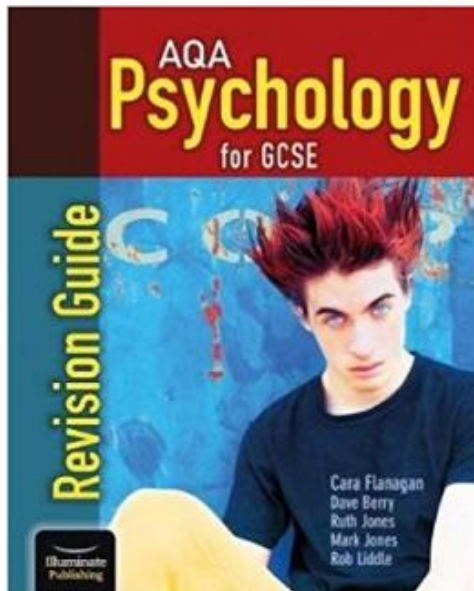
[Download specification](#)



<https://www.aqa.org.uk/subjects/psychology/gcse/psychology-8182>

Revision resources

Always check on your Psychology teams page as we add new things all of the time.



Psychology specific revision and exam technique



- Key terminology and definitions are **VITAL**
- **KEY STUDIES** (aim, procedure, findings, conclusion and **3** evaluative comments)
- For all theories and/or studies, you need **3** evaluation points.
- Timings – no more than 12 minutes on a 9 mark question

As a parent how can I help?



Exams are about retrieving knowledge – For a student to be good at this, they need to **practice.**

Make question cards with the answer on the back, then you as a parent can test your daughter/son.

Have key word quizzes.

Ask your daughter/son to explain a theory or a study to you – if they can explain it well, they have learned it.

No music when revising. Take phones & computers away.

Hints & tips for students



No music when revising.
Remove phones & computers to
avoid temptation.

Hints & tips for students



Make a Psychology playlist.

Record the information about your theories and studies – listen to them instead of music. If you can learn the words to a song, you can learn the words to an essay.

Hints & tips for students



- *If you have not started revising - You really do need to start revising NOW!!!*
- *When revising use your psychological knowledge – process information semantically (this means do not sit and passively read).*
- *Do something with the information so it is retained in long term memory (remember STM only holds 7+ or -2 items)*

Revision Ideas



- Make lots of posters using colour.
- Make some revision flashcards with key concepts on one side and a description on the other.
- Make use of the revision booklets on the shared area.
- Make some question flashcards. Use previous questions given in class, and write them on one side, then put the answer on the other side.
- Put various coloured post it notes around your room at home with key words/concepts on them. When you feel that you know enough, rip it down!
- Use your exercise book – have three packs of post it notes (green, amber and pink). Put the green notes on pages that you feel comfortable with, amber on ones that you are a little unsure of, and pink on ones that has information on it that you are struggling with. This will help you when you are trying to figure out what to revise, rather than going over things that you already know.

Revision Ideas



- Make a mind map for each topic.
- Using your mind map try to recreate it, without looking, in black. Then look at the complete one and fill in any gaps in red. This will allow you to visually see what you need to work on. Use this method once a week, and hopefully you will see less and less things in red.
- Make a podcast and upload it to your phone of all the key studies. This way you can listen to them on the way to school or on car journeys etc.
- Use various theme tunes from tv programmes that you like to watch, and make up new words linked to various topics. By doing this, every time you sit down to watch the programme and the theme tune starts you will be unintentionally saying the words linked to the psychological topic in your head (hopefully). Maybe do this with some friends so you share the workload.
- Use www.getrevising.co.uk to create your own revision timetable.
- As much as possible revise in the same way you would sit an exam: sit at a desk, and do it in silence. By doing this you will aid your own recall in the exam (REMEMBER CONTEXT DEPENDENT MEMORY)

Reading



Some people prefer to read their notes, but there are ways to improve your reading:

- Develop the right mental attitude: if you look at your reading as a chore this is exactly what it would become. Instead take the attitude that you will enjoy and find things interesting.
- Read in blocks: try to read each paragraph rather than each sentence or word, then write a keyword or two about the paragraph to help you revise.
- Make notes: read the text twice, then after the second time make notes without looking.

READ OUTLOUD AS YOU THEN PROCESS THE INFORMATION MORE DEEPLY

Making notes



Some students ask me how to make notes effectively whilst revising, here are a few tips:

- Write down only key points or phrases.
- Space out your notes so that you can easily find a topic at a later stage.
- Carry a small notebook with you to jot down any points that may suddenly occur to you.
- Use diagrams and illustrations wherever possible.

